

WEST CENTRAL BREAKFAST & LUNCH MENU

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pancake / Syrup	2 Bagel / Cream Cheese	3 Glazed Donut
6 Egg & Cheese Biscuit	7 Poptart - Pre- K – Cereal	8 Pancake Sausage Stick / Syrup	9 Nutri - Grain Bar, Pre- K – Muffin	10 Waffle / Syrup
13 Breakfast Pizza	14 Muffin	15 Pancake / Syrup	16 Bagel / Cream Cheese	17 Donuts
20 No School	21 Poptart - Pre- K – Cereal	22 Pancake Sausage Stick / Syrup	23 Cereal Bar, Pre-K – Muffin	24 Waffle / Syrup
27 Banana Bread	28 Muffin			Offered Daily: White/Chocolate Milk, Cereal, Juice, Yogurt

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Taco-In-A-Bag Shredded Lettuce & Cheese Diced Tomatoes Refried Beans, Salsa Sour Cream Onions, Frozen	2 Tenderloin / Bun Tater Tots Peas, Pickles Applesauce	3 Goulash Corn Bread & Butter Pineapple
6 Salisbury Steak Mashed Potatoes & Gravy Butter, Cooked Carrots Roll, Mandarin Oranges	7 Crispitos Cheese Sauce, Salsa Corn, Mixed Fruit Chocolate Chip Cookie	8 Grilled Chicken / Bun Mixed Vegetables Pineapple	9 Fajita Taco Shredded Lettuce & Cheese Diced Tomatoes, Salsa Sour Cream, Applesauce	10 BBQ Rib Patty / Bun Peas, Pudding Pears
13 Cheeseburger / Bun French Fries Green Beans Apricots	14 Pizza Burger / Bun Cheese Sticks Carrot Sticks Mandarin Oranges	15 Corn Dogs Mixed Vegetables Fresh Broccoli Peaches	16 Mexican Pizza Peas, Pears Bug Bites	17 Early Dismissal 11:30
20 No School	21 Chicken Nuggets Mashed Potatoes & Gravy, Butter Green Beans Roll, Peaches	22 Fish Sticks Cooked Carrots Tartar Sauce Rice Krispie Treat, Apricots	23 Grilled Chicken / Bun Hash Browns, Peas Mixed Fruit	24 Cheesy Breadsticks Marinara Sauce Mixed Vegetables Applesauce
27 Maidrite / Bun French Fries Peas, Pickles Mandarin Oranges	28 Scalloped Potatoes & Ham Corn Bread & Butter Pineapple			Offered Daily: White/Chocolate Milk, Salad Bar, Ham & Cheese Sandwich, Turkey & Cheese Sandwich

